



## Gya' Wa' Tlaab Healing Centre Society

### CLIENT PREADMISSIONS CHECKLIST

- Please go over this list with your client, and ensure he receives a copy.

#### THINGS TO NOTE ABOUT THE PROGRAM INTAKE

	It is important to be open and honest about your MAS use in general and really specific about your MAS use in the days prior to entering the program.
	The program is designed to become more intense and self-focused as the weeks go by. If you are attending treatment to please/comply with someone/something other than your own free will, it gets harder to stay in the program – but it can be done if you can stay focused on yourself.
	Valuables: Safekeeping for money and airline/bus tickets is available.
	Laundry Facilities: Washing machines and dryers are available at no charge.
	Client Chores: Clients will be assigned chores for the duration of the program.
	The mailing address is: c/o Gya' Wa' Tlaab Healing Centre, PO Box 1018, Haisla, BC, V0T 2B0. <b>As a safety precaution, all mail must be opened in front of a staff member.</b>
	Clients will be in a <b>1-week isolation period</b> at the beginning of the program.
	Telephone: use of the client phone for personal calls is 3 days/week starting on the 2 <sup>nd</sup> Wednesday of the program.
	Clients will be eligible to receive one day pass/week starting on the 3 <sup>rd</sup> Friday of the program.
	Sweats are not part of the local culture; therefore no sweat is available for client use during the length of the program.
	Clients are busy from early morning to late evening 6 days / week.
	The program is designed to be very interactive – every day there is information given that the clients must apply to their lives/ lifestyles - in real time.

#### WHAT TO PACK

	Comfortable weather suitable clothing sufficient for 7 days plus Swimwear.
	Toiletries: i.e. shampoo, toothpaste, shaving kit, personal hygiene products.
	Carvers may bring their tools. Tools will be used only at designated place and time during Intake.
	Sleepwear (slippers, t-shirt and shorts or pajamas).
	Fitness Wear (t-shirts, shorts or track pants and runners)
	Hobby/crafts/ musical instruments.
	Indoor <b>and</b> outdoor runners, shoes, boots.

#### WHAT NOT TO PACK

	Clothing suggestive of alcohol or drug use (including names of bars or taverns), or clothing that promotes sexism, racism or homophobia.
	Drug paraphernalia
	Electronic equipment (laptops, cell phones, pagers, amplifiers for musical instruments, portable DVD players, tablets, Mp3 players, etc).
	Weapons, including pocket knives.
	Mouthwash or other toiletries containing alcohol.

I have read the Preadmissions Checklist and am aware of the conditions at the Healing Centre	Signature of Client and Date